

## The New Mums Notebook

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### The New Mums Notebook

The New Mum's Notebook, written by Amy Ransom - mum of three and creator of the Surviving Motherhood blog - does all this and more. From night feeds, napping and weaning, to which films to cue up on Netflix, finding some headspace and getting all the support, coffee and cake you need, Amy has been there - and this is the book she wishes ...

### The New Mum's Notebook: Ransom, Amy: 9781786331168: Amazon ...

\_\_\_\_\_\*'NEW MUM, YOU'RE DOING BRILLIANTLY'\* Reassuring, funny and down-to-earth, THE NEW MUM'S NOTEBOOK is everything you need for the first year of life with a baby. 'It is hands down THE best book I was given as a new mum.

### The New Mum's Notebook by Amy Ransom

The New Mum's Notebook's primary aim is to normalise everything a new mum may be feeling. It encourages her to lower her expectations and continually reassures her that anything goes in that first year; there is no 'right' way to do things - only HER way.

### Notebooks for Mums - Journals for every stage of motherhood

Reassuring, funny and down-to-earth, The New Mum's Notebook is everything you need for the first year of life with a baby. Divided into the first 12 months of motherhood, this book is filled with 304 pages of reassurance, love and humour, as well as space to scribble thoughts, feelings and memories from those crazy early hours.

### The New Mum's Notebook | Oliver Bonas

The New Mum's Notebook, written by Amy Ransom - mum of three and creator of the Surviving Motherhood blog - does all this and more. From night feeds, napping and weaning, to which films to cue up on Netflix, finding some headspace and getting all the support, coffee and cake you need, Amy has been there - and this is the book she wishes she'd had by her side.

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### [PDF] The New Mums Notebook Download Full - PDF Book Download

The New Mum's Notebook is 304 pages, priced at £25 (including P&P) and will be available via the website from June. You can subscribe to the mailing list to be the first to order (and receive tasters in the meantime). It will also be available to buy from selected retailers, to be announced shortly.

### The New Mum's Notebook - Surviving motherhood

The New Mum's Notebook is a literary substitute for a new mum's best friend and will nurture her and be by her side, every single day. Word on the street is it's almost worth having another baby

for... 304 colour pages including articles, journal pages, affirmations, simple recipes and blank notes pages

### **The New Mum's Notebook - Perfect New Mum Gift**

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### **The New Mum's Notebook by Amy Ransom - Penguin Books Australia**

The New Mum's Notebook, written by Amy Ransom - mum of three and creator of the Surviving Motherhood blog - does all this and more. From night feeds, napping and weaning, to which films to cue up on Netflix, finding some headspace and getting all the support, coffee and cake you need, Amy has been there - and this is the book she wishes she'd had by her side.

### **The New Mum's Notebook: Amazon.co.uk: Ransom, Amy ...**

Is The New Mum's Notebook a blank notebook? Not at all. It's actually as much of a book as it is a journal. There's a lot of written articles in it to reassure and support a new mum in those first 12 months of motherhood. There's no advice, as such, because the aim of the notebook is to reassure a mum in the choices she's already making, not give her more advice she can't process. It doesn't matter if she's bottle feeding, breastfeeding, co-sleeping or rocking her baby to ...

### **What is The New Mum's Notebook? - Surviving motherhood**

NEW MUM, YOU'RE DOING BRILLIANTLY! Reassuring, funny and down-to-earth, THE NEW MUM'S NOTEBOOK is everything you need for the first year of life with a baby. 'It hands down THE best book I was given as a new mum. See details- New Mum's Notebook by Amy Ransom (English) Hardcover Book Free Shipping! Qty :123

### **The New Mum's Notebook by Amy Ransom (2017, Hardcover) for ...**

The New Mum's Notebook, written by Amy Ransom - mum of three and creator of the Surviving Motherhood blog - does all this and more. From night feeds, napping and weaning, to which films to cue up on Netflix, finding some headspace and getting all the support, coffee and cake you need, Amy has been there - and this is the book she wishes she'd had by her side.

### **The New Mum's Notebook By Amy Ransom | Used ...**

Buy The New Mum's Notebook by Ransom, Amy, Murray, Gina (ISBN: 9781526202185) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

### **The New Mum's Notebook: Amazon.co.uk: Ransom, Amy, Murray ...**

But what about the new mum? There are a huge number of "Firsts" with her too, and so many of them go un-noticed, or overshadowed by the baby. Becoming a mum can be a hugely overwhelming experience and sometimes you need to celebrate those little victories. That is where The New Mum's Notebook by Amy Ransom comes in.

### **The New Mum's Notebook - The perfect accompaniment to that ...**

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### **The New Mums Notebook - Joy the Store**

The New Mum's Notebook, written by Amy Ransom - mum of three and creator of the Surviving Motherhood blog - does all this and more. From night feeds, napping and weaning, to which films to cue up on Netflix, finding some headspace and getting all the support, coffee and cake you need, Amy has been there - and this is the book she wishes she'd had by her side.

### **The New Mum's Notebook - Calendar Store**

She's also the author of The New Mum's Notebook, The Not-So-New Mum's Notebook and The School Mum's Notebook, sanity saving journals to support mums and their wellbeing in every stage of motherhood, which she created after suffering from PND with her third baby. Find them at [notebooksformums.co.uk](http://notebooksformums.co.uk).

**Amy Ransom, mum, writer and author | Annabel Karmel**

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