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The Whole Body Cure: the Simple Plan to Prevent and Reverse Disease, Eliminate Pain, and Lose Weight for Good Hardcover - January 1, 2017. by Dr. Corey Kirshner (Author) 4.6 out of 5 stars 6 ratings. See all formats and editions. Hide other formats and editions.

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Now a breakthrough new program by Dr.

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Cory Kirshner shows you precisely how to reverse chronic inflammation naturally on your own. No doctor's visit or prescription is required. It's a revolutionary new program called The Whole Body Cure. Based on the latest scientific research, this breakthrough natural program can help you:

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Whole-body inflammation refers to chronic, imperceptible, low-level inflammation. Mounting evidence suggests that over time this kind of inflammation sets the foundation for many serious, age-related diseases including heart disease, cancer and neurodegenerative conditions such as Alzheimer's and Parkinson's diseases.

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Recent evidence indicates that whole-body inflammation may also ...

Reducing Whole Body Inflammation? - Ask Dr. Weil

It was right about that time that I heard about The Whole Body Cure, a new health plan from Prevention, which focuses on healing inflammation through

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an elimination diet. The plan begins with a...

My Constant Joint Pain Disappeared In 3 Weeks Just By ...

Holistic medicine is a form of healing that considers the whole person -- body, mind, spirit, and emotions -- in the quest for optimal health and wellness.

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According to the holistic medicine...

Holistic Medicine: What It Is, Treatments, Philosophy, and ...

Most cases of edema affect 1 or 2 areas of the body (for example, one or both lower extremities). Anasarca affects the whole body and is more extreme than regular edema.

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Anasarca: Causes, Edema, and Treatment

Body aches can result from a wide range of conditions, and they often occur alongside other symptoms, such as weakness and fatigue. Causes range from lack of sleep to pneumonia. Recognizing the ...

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Body aches: Causes and treatments - Medical News Today

Now a breakthrough new program by Dr. Cory Kirshner shows you precisely how to reverse chronic inflammation naturally on your own. Its a revolutionary new program called The Whole Body Cure. The Whole Body

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features cutting-edge science to help reverse and prevent disease, reduce pain, and slow aging.

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Edema is swelling caused by excess fluid trapped in your body's tissues. Although edema can affect any part of your body, you may notice it more in your hands,

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arms, feet, ankles and legs. Edema can be the result of medication, pregnancy or an underlying disease — often congestive heart failure, kidney disease or cirrhosis of the liver.

Edema - Symptoms and causes - Mayo Clinic

What if you could just treat the whole

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person with dietary changes, upgrading the information given every day to your body through food? Food is information carrying detailed instructions for every gene and every cell in your body, helping them to renew, repair, and heal or to be harmed and debilitated, depending on what you eat.

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The One Diet That Can Cure Most Disease: Part I | Dr. Mark ...

This article is adapted from The Whole Body Cure, a new book from Dr. Corey Kirshner with the editors of Prevention and Catherine Knepper. The breakthrough program teaches you how to prevent and...

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I Stopped Eating Eggs For 2 Weeks, And Here's What ...

Cure For The Whole Body: Recipe Of The Old Monks Makes Miracles This amazing and very simple to prepare recipe is enrolled more than 2,000 years ago, and the prepared drink cure diabetes, cholesterol, strengthens the immune system and cleans the blood. Also

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prevents tumors, significantly improves vision and rejuvenates the body.

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Heal Your Whole Body will show you simple and delicious ways to naturally cleanse and detoxify your liver and your whole body. For example, avocados and

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mangoes are two delicious foods that naturally boost your levels of glutathione, an amazing antioxidant and natural liver detoxifier.

Heal Your Whole Body - A 12-Day Detox Plan for Total Health

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inflammation refers to chronic, imperceptible, low-level inflammation. Mounting evidence suggests that over time this kind of inflammation sets the foundation for many serious, age-related diseases including heart disease, cancer and neurodegenerative conditions such as

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Dr. Corey W. Kirshner, D.C., FIACA, DACNB is a licensed, board-certified Chiropractic Neurologist and Wellness Consultant. He is the founder and clinic director of Kirshner Health Solutions, a private clinical facility located in Allentown, Pennsylvania.

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Dr. Corey Kirshner - Kirshner Health Solutions

Intentional The Whole Body Cure Diet Plan is the loss of total body mass as a result of efforts to improve fitness and health, or to change appearance through slimming. The Whole Body Cure Diet Plan in individuals who are overweight or

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obese can reduce health risks, increase fitness, and may delay the onset of diabetes.

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